Top 10 Interview Tips

CSMLS spoke to multiple hiring and laboratory managers across Canada to get a sense of what employers are looking for during an interview. Below are some tips to help you stand out at that interview and land your dream job. After all, you only get one chance to make a first impression!

Remember that an interview is a two-way process: you need to see if the company is a good fit for you just as much as they need to see you as a fit for the company.

1. Give a firm handshake and a warm smile at the start and end of an interview.
2. Be polite and don’t criticize your current/previous employer.
3. Use verbiage from the job posting in your responses.
4. Be yourself and think before answering questions.
5. Take notes; when you are weighing job offers, you’ll have all the specifics to refer to.
6. If you are unsure of an answer, let the interviewer know.
7. Avoid one-word sentences.
8. Come prepared with questions for the interviewer.
9. Send a thank you email the day of or day after an interview.
10. Follow up with the interviewer if you haven’t heard by the deadline provided.